



Aging Unit of Iron County

July 2014



MENU HAPPENINGS

Hurley 561-2108 Mon. to Fri.		Mercer 476-2113 or 1-800-950-8744 Tues. to Thurs.		Saxon 893-2333 Tues. to Thurs		Springstead - Wed 476-2113 or 1-800-950-8744	
Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	
PLEASE MAKE RESERVATIONS 24 HOURS IN ADVANCE		1 Beef Wellington Twice Baked Potato, Vegetables, 7-Layer Salad Cake Bread, Milk Card Games	2 Turkey Mashed Potatoes, Cranberry Sauce Corn, Pumpkin Pie Bread, Milk Bingo Games	3 Salisbury Steak Egg Noodles Green Beans Copper Penny Apple Crisp Bread, Milk	4 CLOSED 	5 items may be changed without notice. All substituted items meet or exceed USDA standards for your RDA.	
	6	7 Barbeque Ribs Baked Potatoes Broccoli Fruit Cocktail Pudding Bread, Milk	8 Chef's Choice Boiled Dinner Apple Sauce Peach & Cream Bars Bread, Milk Card Games	9 Spaghetti with Meatballs Corn Tossed Salad Jello Bread, Milk Bingo	10 Pork Stir Fry Rice, Egg Roll Tropical Fruit Cake Bread, Milk	11 Pasty Pie Carrots Cuke Salad Cookies Bread, Milk	12
	13	14 Pot Roast Baked Potatoes Carrots Cottage Cheese Pudding Bread, Milk	15 25th Annual Festa Italian North	16 Baked Chicken Potatoes Au Gratin, Peas & Carrots Macaroni Salad Apple Crisp Bread, Milk Bingo	17 Sweet & Sour Pork Rice Mandarin Orange Blue Berry Muffins Bread, Milk	18 Beef Stew 3-Bean Salad Donuts Bread, Milk	19
	20	21 Ribs & Kraut Mashed Potatoes Green Beans Fruit Cocktail Pudding Bread, Milk	22 Stuffed Green Peppers Parsley Potatoes, Broccoli Tomato Salad Bread Pudding Bread, Milk Card Games	23 Oven Fried Chicken Mashed Potatoes, Peas Orange Juice Sherbet Bread, Milk Bingo	24 Lasagna Cauliflower & Broc Tossed Salad Jello Bread, Milk	25 Meat Loaf O'Brian Potatoes 5 Way Blend 7-Layer Salad Blue Berry Crisp Bread, Milk	26
	27	28 Beef Tips & Noodles Corn Cottage Cheese Pudding	29 Cabbage Cassrole Country Blend Grape Juice Apple Crisp Bread, Milk Card Games	30 Roast Beef Mashed Potatoes, Green Beans Beet Salad Cake Bread, Milk Bingo games	31 Lemon Chicken Pasta, Carrots Tossed Salad Jello Bread, Milk	This menu has been approved by Mary Jo Coleman, Registered Dietician.	